


**FOUNDATION COURSE TIME TABLE – 2019 BATCH**

Date	Day	9 -10 AM	10 AM- 11 AM	11 AM- 11:15 AM	11:15AM- 12:15 AM	12:15 AM- 1:15 PM	1:15 PM- 2 PM	2 PM- 3 PM	3 PM- 4 PM	4-5 PM
01-08-19	THURSDAY	Principal's Welcome Address (Auditorium)	Introduction of pre-clinical faculty & students (Auditorium)	SHORT BREAK	Introduction to Anti Ragging Committee (Auditorium)	Visit to Central Library & MEDLAR Room	LUNCH	Visit to College Campus (Professor, Anatomy)		Sports & EC Orientation (Sports Ground) (Sports Committee)
02-08-19	FRIDAY	Overview of 1st Phase MBBS- curriculum, assessment, attendance (LT1)	Allotment of Roll Numbers (LT1)	SHORT BREAK	Orientation & Registration in Anatomy, Physiology & Biochemistry Societies (Batch -wise – LT1 & LT2) (Heads & Faculty- Ana, Bioch, Physio)		LUNCH	Visit to Hospital Campus (Professor Medicine/Surgery)		Sports & EC Orientation (Indoor) (Sports Committee)
03-08-19	SATURDAY	Introduction to MBBS Course – Role of IMG (Dr Ramji LT 1)	Introduction to Modern Scientific Medicine (Dr Jamal Haider LT1)	SHORT BREAK	Orientation & Registration in Anatomy, Physiology & Biochemistry Societies (Batch -wise – LT1-LT2) (Heads & Faculty- Ana, Bioch, Physio)		LUNCH			
04-08-19	<b>SUNDAY</b>									
05-08-19	MONDAY	Role of IMG & Societal/Patients Expectations (Dr Mahim Mittal LT1)	Adjusting to the new environment (Dr TK Aich, Psychiatry LT1)	SHORT BREAK	Visit to Student Hostels and Community Center Wardens & (Community Medicine)		LUNCH	Essay writing on Self-Identified Goals as a MBBS student (Dept of Biochemistry)		Sports & EC (Sports Ground) (Sports Committee)
06-08-19	TUESDAY	University Exam- Rules & Regulations; Summative Assessment (Dr Deepshikha) LT1	Formative Assessment & Feedback Mechanisms (DR Bindu Singh) LT1	SHORT BREAK	SKILLS- FIRST AID (Anesthesia)	PD&E - Professionalism in IMG (Dr Yogesh Kumar) (LT1)	LUNCH	Language- English/Hindi/Bhojpuri Roll No- 1-50 Computer Skills- MEDLAR LAB Roll No 50-100 Peer –Assisted Learning	Sports & EC Sports Ground Sports Committee	
07-08-19	WEDNESDAY	History of Medicine (Pharmacology) (Dr Anil Kumar) (LT1)	PD&E- Ethics in Medical Literature – Plagiarism (Dr Jamal Haider) (LT1)	SHORT BREAK	Visit to RHTC- Pipraich Roll No 51-100 National Health Goals /Community Health Goals Roll No 1-50		LUNCH	Language- English/Hindi/Bhojpuri Roll No- 51-100 Computer Skills- MEDLAR LAB Roll No 1-50 Peer –Assisted Learning	Language- English/Hindi/Bhojpuri Roll No- 1-50 Computer Skills- MEDLAR LAB Roll No 50-100 Peer –Assisted Learning	Sports & EC (Sports Ground) (Sports Committee)
08-08-19	THURSDAY	National Health Policies & Goals (Comm. Med) (LT1)	PD&E- Self-directed learning (MEU) (LT1)	SHORT BREAK	Skill- Sources of Information in Health Sciences (Dr Jamal Haider) (LT1)	SKILL- Effective Communication Skills (Dr Harish Tiwari) (LT1)	LUNCH	Language- English/Hindi/Bhojpuri Roll No- 51-100 Computer Skills- MEDLAR LAB Roll No 1-50 Peer –Assisted Learning	Language- English/Hindi/Bhojpuri Roll No- 1-50 Computer Skills- MEDLAR LAB Roll No 50-100 Peer –Assisted Learning	Sports & EC (Sports Ground) (Sports Committee)
09-08-19	FRIDAY	Stakeholders in National Health Policies & Goals (Comm Medicine) (LT1)	PD&E- Time management (Dr Vikas Seth) (LT1)	SHORT BREAK	Importance of Research in Medicine (Dr RP Yadav) (LT1)	SKILLS – BLS (Anesthesia)	LUNCH	Language- English/Hindi/Bhojpuri Roll No- 1-50 Computer Skills- MEDLAR LAB Roll No 50-100 Peer –Assisted Learning	Sports & EC Sports Ground Sports Committee	

10-08-19	SATURDAY	Physicians (IMG) role in NHP & Society (Dr Kavita Baranwal) Comm. Medicine) (LT1)	Introduction to Information technology, e- classrooms (Dr Jamal Haider) (LT1)	SHORT BREAK	Skills- Biosafety (Dr Amresh Singh) (LT1)	Language- English/Hindi/Bhojpuri Roll No- 51-100 Computer Skills- MEDLAR LAB Roll No 1-50 Peer –Assisted Learning	LUNCH	57		
11-08-19	SUNDAY									
12-08-19	MONDAY	EID								
Date	Day	9 -10 AM	10 AM- 11 AM	11 AM- 11:15 AM	11:15AM- 12:15 AM	12:15 AM- 1 PM	1 PM- 2 PM	2 PM- 3 PM	3 PM- 4 PM	4-5 PM
13-08-19	TUESDAY	Concepts of Economics in Medicine (Dr ON Pandey) (Comm Medicine) LT1	Self -Directed Learning & Peer assisted Learning (Dr Shilpa Mall) Pathology LT1	SHORT BREAK	Occupational Hazards of IMG and how to prevent them-1 (Dr Arun Srivastava) (Comm Medicine) (LT1)	LUNCH	Language- English/Hindi/Bhojpuri Roll No- 1-50 LT-1 Computer Skills- MEDLAR LAB Roll No 50-100 Peer –Assisted Learning	Language- English/Hindi/Bhojpuri Roll No- 51-100 Computer Skills- MEDLAR LAB Roll No 1-50 Peer –Assisted Learning	Sports & EC Sports Ground Sports Committee	
14-08-19	WEDNESDAY	Concepts of Management for IMG-1 (Dr Vinay Singh) (LT2)	Goals & Expectations of Interactive Learning (Dr Rajesh Rai) LT1	SHORT BREAK	Occupational Hazards of IMG and how to prevent them-2 (Dr Shalini Singh) (Community Medicine)	LUNCH	Language- English/Hindi/Bhojpuri Roll No- 1-50 Computer Skills- MEDLAR LAB Roll No 50-100 Peer –Assisted Learning	Visit to UHTC- Chargawan Roll No 1-50 National Health Goals /Community Health Goals Roll No 51-100		Sports & EC (Sports Ground) (Sports Committee)
15-08-19	THURSDAY	INDEPENDENCE DAY 								
16-08-19	FRIDAY	Concepts of Management for IMG-2 (Dr Vinay Singh) (LT2)	PD&E -Coping with mental stress (Psychiatry)	SHORT BREAK	Skills- Effective Non-Verbal Communication (Dr Vani Aditya) (Obs & Gynae) LT1	LUNCH	Language- English/Hindi/Bhojpuri Roll No- 1-50 Computer Skills- MEDLAR LAB Roll No 50-100 Peer –Assisted Learning	Language- English/Hindi/Bhojpuri Roll No- 51-100 Computer Skills- MEDLAR LAB Roll No 1-50 Peer –Assisted Learning	Sports & EC Sports Ground Sports Committee	
17-08-19	SATURDAY	Teamwork in Medicine (Dr Azhar Ali Khan) LT1	Introduction to Alternative Medicine (Guest Lecture)	SHORT BREAK	Bio-Medical Waste Management (Dr Amresh)(Microbiology) (LT1)	LUNCH	Language- English/Hindi/Bhojpuri Roll No- 51-100 Computer Skills- MEDLAR LAB Roll No 1-50 Peer –Assisted Learning	25		
18-08-19	SUNDAY									
19-08-19	MONDAY	Gender Sensitivity & Sexual Harassment (Vishakha) Committee (Dr Reena Srivastava) LT1	PD&E: Medical Ethics & Etiquettes Dr Rakesh K Rawat (LT1)	SHORT BREAK	PD&E- Animal Ethics- Concepts Dr RP Yadav (Vet Officer) (LT1)	LUNCH	Language- English/Hindi/Bhojpuri Roll No- 1-50 Computer Skills- MEDLAR LAB Roll No 50-100 Peer –Assisted Learning	Visit to UHTC- Chargawan Roll No 51-100 National Health Goals /Community Health Goals Roll No 1-50		Sports & EC (Sports Ground) (Sports Committee)

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20-08-19	TUESDAY	<b>Introduction to IEAC &amp; IECHR Dr Archana Bundela (Pathology) LT1</b>	PD&E: Confidentiality (Dr Shaila Mitra) (Pathology) LT1	<b>SHORT BREAK</b>	<b>PD&amp;E: Communication Skills &amp; Etiquettes - Social Media (Dr AB Asthana) LT1</b>	<b>LUNCH</b>	Language- English/Hindi/Bhojpuri Roll No- 51-100 Computer Skills- MEDLAR LAB Roll No 1-50 Peer –Assisted Learning	Language- English/Hindi/Bhojpuri Roll No- 1-50 Computer Skills- MEDLAR LAB Roll No 50-100 Peer –Assisted Learning	<b>Sports &amp; EC Sports Ground Sports Committee</b>	
21-08-19	WEDNESDAY	Medical Documentation And Record Keeping (Med Suprintendent) (LT1)	PD&E: Informed Consent Dr Rajesh Baranwal (Forensic Med) (LT1)	<b>SHORT BREAK</b>	<b>PD&amp;E: Concepts of Independence, Beneficence &amp; Non – Maleficence (Dr Yogendra Singh) (LT1)</b>	<b>LUNCH</b>	Language- English/Hindi/Bhojpuri Roll No- 1-50 Computer Skills- MEDLAR LAB Roll No 50-100 Peer –Assisted Learning	Visit to RHTC- Pipraich Roll No 51-100 National Health Goals /Community Health Goals Roll No 1-50		<b>Sports &amp; EC (Sports Ground) (Sports Committee)</b>
22-08-19	THURSDAY	Mental Health of Students (Dr TK Aich) (Psychiatry) (LT1)	PD&E: Privileged Communication (Dr Satya Prakash) (Biochem) LT1	<b>SHORT BREAK</b>	<b>PD&amp;E: Medicolegal Aspects of Ethics (Dr AB Asthana) (Physiology) (LT1)</b>	<b>LUNCH</b>	Language- English/Hindi/Bhojpuri Roll No- 1-50 Computer Skills- MEDLAR LAB Roll No 50-100 Peer –Assisted Learning	Language- English/Hindi/Bhojpuri Roll No- 51-100 Computer Skills- MEDLAR LAB Roll No 1-50 Peer –Assisted Learning		<b>Sports &amp; EC (Sports Ground) (Sports Committee)</b>
23-08-19	FRIDAY	Sensitivity for Weaker & Marginalized Sections of Society (Guest Lecture) (LT1)	PD&E: Assessment Driven Learning (Dr Satya Prakash) (Biochem) LT1	<b>SHORT BREAK</b>	Visit to Student Hostels and Community Center Wardens & (Community Medicine)		<b>LUNCH</b>	Language- English/Hindi/Bhojpuri Roll No- 51-100 Computer Skills- MEDLAR LAB Roll No 1-50	<b>Sports &amp; EC Sports Ground Sports Committee</b>	
24-08-19	SATURDAY	<b>JANMASHTAMI</b>								
25-08-19	<b>SUNDAY</b>									
26-08-19	MONDAY	Physical Activity & Health (Guest Lecture)(LT1)	Introduction to the Constitution of India - Rights & Duties	<b>SHORT BREAK</b>	<b>PD&amp;E: TL Methods- SGD &amp; Role Play (Dr Ram Yash Singh Yadav) (LT1)</b>	<b>LUNCH</b>	Language- English/Hindi/Bhojpuri Roll No- 1-50 Computer Skills- MEDLAR LAB Roll No 50-100 Peer –Assisted Learning	SGD on “Unity in Diversity” in our Country		<b>Sports &amp; EC (Sports Ground) (Sports Committee)</b>
27-08-19	TUESDAY	Sensitization of students to Persons with Physical Disability (Guest Lecture)(LT1)	Telemedicine & Tele learning (Dr Jamal Haider)	<b>SHORT BREAK</b>	<b>PD&amp;E: Domains of Learning &amp; KAP (Dr Aradhana Singh) (LT1)</b>	<b>LUNCH</b>	Language- English/Hindi/Bhojpuri Roll No- 51-100 Computer Skills- MEDLAR LAB Roll No 1-50 Peer –Assisted Learning	Language- English/Hindi/Bhojpuri Roll No- 1-50 Computer Skills- MEDLAR LAB Roll No 50-100 Peer –Assisted Learning	<b>Sports &amp; EC Sports Ground Sports Committee</b>	
28-08-19	WEDNESDAY	Consumer Protection Act & Intro to Clinical Establishment Acts (Dr Sanjeet Kumar) (LT1)	Landmark Discoveries in Medicine (Dr Sudheer Yadav) (LT1)	<b>SHORT BREAK</b>	<b>PD&amp;E: Learning Method Preferences (Dr Bhoopendra Sharma) (LT1)</b>	<b>LUNCH</b>	Language- English/Hindi/Bhojpuri Roll No- 51-100 Computer Skills- MEDLAR LAB Roll No 1-50 Peer –Assisted Learning	Proper Nutrition & MESS Management (Dr Raj Kumar)(Biochemistry) (LT1)	<b>Sports &amp; EC (Sports Ground) (Sports Committee)</b>	

29-08-19	THURSDAY	Stress Management (Dr Vikas Seth)(LT1)	PD&E: Interpersonal Relationships- among students, seniors, teachers and colleagues (Dr Ramji)(Anatomy)	SHORT BREAK	PD&E: Lifelong Learning (Dr Ashok Kumar Yadav(Ortho)) (LT1)	LUNCH	Language- English/Hindi/Bhojpuri Roll No- 1-50 Computer Skills- MEDLAR LAB Roll No 50-100 Peer –Assisted Learning	Universal Lab, Hospital – Good Practices & Precautions (Dr Kamraan Zaman, Officer in Charge, RMRC) (NIV)	Sports & EC (Sports Ground) (Sports Committee)	
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30-08-19	FRIDAY	Anger Management (Dr TK Aich) (LT1)	PD&E: Interpersonal Relationships- with para medical and support staff (Matron) LT1	SHORT BREAK	Role Play on Life at a Village PHC (Local Dialect) (Anatomy, Community Medicine) (LT1)	LUNCH	Language- English/Hindi/Bhojpuri Roll No- 51-100 Computer Skills- MEDLAR LAB Roll No 1-50 Peer –Assisted Learning	Sports & EC  Sports Ground Sports Committee		
31-08-19	SATURDAY	Cadaveric Ceremony- Dissection Ethics Dissection Hall-Anatomy		SHORT BREAK	Reflections & Feedback on the Foundation Course (Anatomy, Physiology, Biochemistry)	LUNCH				

S. No.	Broad Category	Color Code	Min. Hours Recommended	Min Hrs. Recommended /Month	Hrs. Programmed
1.	Orientation		30 Hours	30	30 Hrs.
2.	Skills Module		35 Hours	35	32 Hrs.
3.	Field Visit to Community Health Center		08 Hours	08	08 Hrs.
4.	Professional Development Including Ethics		40 Hours	40	37 Hrs.
5.	Sports & Extracurricular Activities		6 hours/wk.	24	24 Hrs.
6.	Enhancement of Language/Computer Skills		2 Hours/day Longitudinally	40	22 Hrs.
			Total Hours Recommended= 177		153
			Total Hours possible with 7 hrs/workday& 4 hrs/Saturday=153		

\* The Number of hours are lesser than required by the MCI because of the higher number of public (National & State/Local) holidays in the month of August